

Inaugural Event

Texas
Lacrosse
Expo

Houston, TX

October 17, 2009

presented by



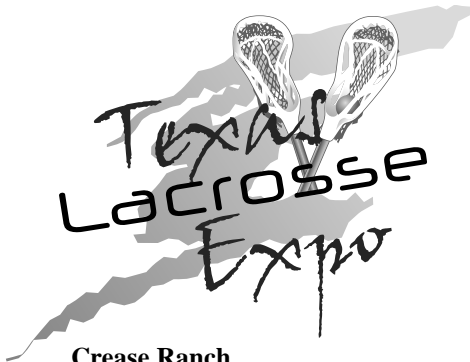
www.lacrosse4all.com



On the Circle by Angela Clarke
1st Place

Inaugural Lacrosse Amateur
Photography Contest

Texas Lacrosse Expo
Saturday, October 17, 2009
Norris Conference Center
803 Town and County Lane
Houston, TX 77024



Texas Lacrosse Expo welcomes the following vendors to the inaugural event. Thank you for your support.

Crease Ranch
 P.O. Box 56201
 Houston, TX 77256
 (832) 643-4488
 www.creaseranch.com

Greater Houston Lacrosse
 c/o Stacie McKay, President
 15442 Stable Bend Circle
 Cypress, TX 77429
 (713) 401-8506
 www.greaterhoustonlacrosse.org

Houston Women's Lacrosse Referees
 1703 Briar Park Drive
 Houston, TX 77042
 (713) 299-4553

Lacrosse 4 All
 1306 FM 1092, Suite 101
 Missouri City, TX 77459
 (281) 499-6665
 www.lacrosse4all.com

Little Caesars Pizza Kits
 2211 Woodward Avenue
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 (888) 452-5487
 www.pizzakit.com

Memorial Hermann Sports Medicine Institute
 6400 Fannin
 Houston, TX 77030
 (713) 704-4000
 www.memorialhermann.org

New Balance Athletic Shoes
 20 Guest Street
 Boston, MA 02135
 (800) 343-4648
 www.newbalance.com

Southwest Lacrosse Officials Association
 c/o Mark Payne, Treasurer
 3209 Faulkner Drive
 Rowlett, TX 75088
 http://www.eteamz.com/swloa/

Texas Chiropractic College
 5912 Spencer Highway
 Pasadena, TX 77505
 (281) 487-1170
 www.txchiro.edu

Congratulations to all of the artists who entered the inaugural Texas Lacrosse Expo Amateur Photography Contest. We are pleased to announce the title recipients.

1st Place *On the Circle*
 Angela Clarke
 Houston, TX

2nd Place *Play Hard or Go Home*
 Tammy McCreary
 Houston, TX

3rd Place *Good D*
 Liz Jones
 Houston, TX

Honorable Mention

Coach's Encouragement
 Dave Hilbe
 Richmond, TX

Dust to Dust
 J.R. Howell
 Conroe, TX

Overtime - City Finals
 Angela Clarke
 Houston, TX

Seniors
 Meredith Pinson-Creasey
 Houston, TX

Stick to the Neck
 Dave Hilbe
 Richmond, TX

Time to Reflect
 Douglas Humphreys
 Houston, TX

Producer's Choice

Coach's Encouragement
 Dave Hilbe
 Richmond, TX

Me at My Best
 Kelly Marie Fulkerson
 Austin, TX

Audience Favorite

Cast your vote for the photo that most appeals to you.



Education Programs

Red Oak Ballroom

- 10:30 a.m. **10 - 2 - Win: Ten Sport Psychology Tips Every Young Athlete Needs To Be Successful**
Sam Chambers, Coach and Author
- 11:30 a.m. **What Was That Call? A Look Into the Safety and Rules of Girl's Lacrosse** (repeated at 3:30 p.m.)
Scott Elmore and Jamie Platt, Houston Women's Lacrosse Referees and Coaches
- 12:30 p.m. **Boys' Lacrosse 101: An Official's Perspective**
Paul Diorio, Southwest Lacrosse Officials Association
- 1:30 p.m. **Tracking Statistics—It's Not As Hard as You Think**
Stacie McKay, Greater Houston Lacrosse
- 2:30 p.m. **Understanding the Call—A Primer of Officials' Signals in Men's Lacrosse**
Chris Menzel, Southwest Lacrosse Officials Association
- 3:30 p.m. **What Was That Call? A Look Into the Safety and Rules of Girl's Lacrosse** (repeat)
Loren Tedder and Vicki Scarpato, Houston Women's Lacrosse Referees and Coaches

Pecan Room

- 11:00 a.m. **Fitness and Agility for the Lacrosse Field**
Dr. Terry Dupler, Memorial Herman Sports Medicine Institute
- Noon **Navigating the College Recruiting Process**
(repeated at 4:00 p.m.)
Joe Ernst, Southwestern University
- 1:00 p.m. **Injury Considerations in Lacrosse: Signs and Symptoms, Dos and Don'ts**
Kevin Bastin, Memorial Herman Sports Medicine Institute
- 2:00 p.m. **Screening of documentary *Sacred Sport***
- 3:00 p.m. **Screening of documentary *Sacred Sport***
- 4:00 p.m. **Navigating the College Recruiting Process** (repeat)
Joe Ernst, Southwestern University

LAX



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For all of your lacrosse needs, contact Anthony Quinn at anthony@lacrosse4all.com

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